

Vanilla Ice Cream

Nutrition Facts

10 servings per container

Serving size 1/2 C (4mL)

Amount Per Serving

Calories

230

% Daily Value*

Total Fat 19g **24%**

Saturated Fat 12g **60%**

Trans Fat 0.5g

Cholesterol 110mg **37%**

Sodium 100mg **4%**

Total Carbohydrate 9g **3%**

Dietary Fiber 0g **0%**

Total Sugars 9g

Includes 6g Added Sugars **12%**

Protein 3g

Vitamin D 1.3mcg **6%**

Calcium 70mg **6%**

Iron 0.4mg **2%**

Potassium 280mg **6%**

Vitamin A 240mcg **25%**

Vitamin C 0mg **0%**

Vitamin E 0.6mg **4%**

Vitamin K 2mcg **2%**

Thiamin 0.03mg **2%**

Riboflavin 0.2mg **15%**

Niacin 0.1mg **0%**

Vitamin B6 0.05mg **2%**

Folate 10mcg DFE **2%**

Vitamin B12 0.3mcg **10%**

Pantothenic Acid 0.5mg **10%**

Phosphorus 70mg **6%**

Magnesium 5mg **2%**

Zinc 0.3mg **4%**

Selenium 6mcg **10%**

Copper 0.02mg **2%**

Manganese 0mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HEAVY CREAM, WHOLE MILK (MILK, VITAMIN D3), HONEY, EGG, EGG YOLK, PURE VANILLA EXTRACT, LESS THAN 2% OF: SEA SALT

CONTAINS: MILK, EGG

THE NEIGHBORHOOD NURSE